

**Scientists from Howard University publish Ambrotose® complex study in the journal *Perceptual & Motor Skills***

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Drs. Atiya N. Stancil and Leslie H. Hicks, both of Howard University in Washington, D.C., published a randomized, double-blind, placebo-controlled study investigating the impact of Ambrotose complex on the brain function of 62 healthy young adults. The study showed that a single, one-tablespoon serving of Ambrotose complex significantly improved visual discrimination and working memory. Mannatech, Incorporated donated the product used in this study, which was funded by Kraft Foods, Inc. (1).

Previous double-blind, placebo-controlled clinical trials have demonstrated that ingestion of Ambrotose complex can enhance brain waves associated with attention or alertness (2), enhance concentration and improve mental reaction time (3), and improve memory (4).

1. Stancil AN, Hicks LH. Glyconutrients and perception, cognition, and memory. *Perceptual Mot Skills* 2009;10:259-70.
2. Wang C, Szabo JS, Dykman RA. Effects of a carbohydrate supplement upon resting brain activity. *Integr Physiol Behav Sci* 2004;39:126-38.
3. Wang C, Pivik RT, Dykman RA. Effects of a glyconutritional supplement on brain potentials associated with language processing. *Federation Proceedings: Experimental Biology Meeting*, New Orleans, Louisiana, April 20-24. 2002;1-4 (abstr).
4. Best T, Kemps E, Bryan J. The impact of saccharide supplementation on cognition and mood in middle-aged adults. Presented at the 36th Annual International Neuropsychological Society Meeting, February 6-9, 2008, Waikoloa, Hawaii 2008.